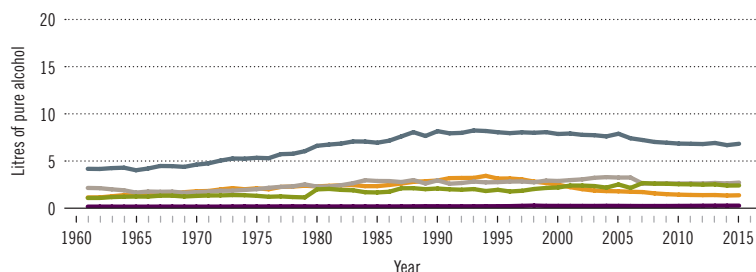


Japan

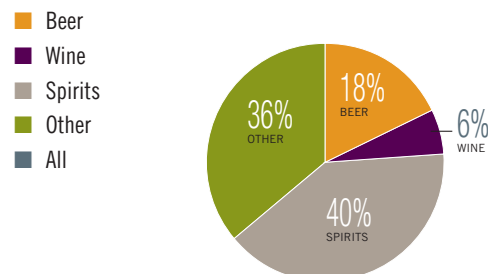
Total population (2016): 126 323 715 ▶ Population aged 15 years and older (15+): 87% ▶ Population in urban areas: 94% ▶ Income group (World Bank): High income

ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2016



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2016 or latest year available



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	2010*		2016*	
Recorded	6.9		6.9	
Unrecorded	0.2		1.1	
Total**	7.1		8.0	
Total males / females	12.0	2.6	13.5	2.9
WHO Western Pacific Region	7.0		7.3	

* Three-year averages of recorded and unrecorded for 2009–2011 and 2015–2017; **adjusted for tourist consumption.

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2016

	Litres
Males (15+)	19.0
Females (15+)	6.6
Both sexes (15+)	14.1

Prevalence of heavy episodic drinking* (%), 2016

	Population (15+ years)	Drinkers only (15+ years)	Population (15–19 years)	Drinkers only (15–19 years)
Males	37.8	53.0	39.7	67.2
Females	8.9	20.3	9.5	30.5
Both sexes	22.8	40.0	25.0	54.9

* Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2016

	Males	Females	Both sexes
Lifetime abstainers (15+)	4.3	13.7	9.1
Former drinkers* (15+)	24.4	42.6	33.8
Abstainers (15+), past 12 months	28.7	56.3	43.0

* Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2016

	ASDR*		AAF (%)		AAD** (Number)
Liver cirrhosis, males / females	10.9	4.3	67.8	48.6	10 360
Road traffic injuries, males / females	4.5	1.5	32.7	17.5	1 330
Cancer, males / females	187.2	101.6	6.9	2.4	20 124

*Per 100 000 population (15+); **alcohol-attributable deaths, both sexes.

Years of life lost (YLL) score*, 2016

LEAST < 1 **2** 3 4 5 > MOST

* Based on alcohol-attributable years of life lost.

Prevalence of alcohol use disorders and alcohol dependence (%), 2016*

	Alcohol use disorders**	Alcohol dependence
Males	5.7	2.1
Females	1.4	0.2
Both sexes	3.4	1.1
WHO Western Pacific Region	4.7	2.3

* 12-month prevalence estimates (15+); **including alcohol dependence and harmful use of alcohol.

POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	Yes (2014/—) / Yes
Excise tax on beer / wine / spirits	Yes / Yes / Yes
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	20 / 20 / 20
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	20 / 20 / 20
Restrictions for on-/off-premise sales of alcoholic beverages (any):	
Hours, days / places, density	No, No / No, No
Specific events / intoxicated persons / petrol stations	No / No / No

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	0.03 / 0.03 / 0.03
Legally binding regulations on alcohol advertising / product placement (any)	No / No
Legally binding regulations on alcohol sponsorship / sales promotion (any)	No / No
Legally required health warning labels on alcohol advertisements / containers (any)	Yes / Yes
National government support for community action (any)	Yes
National monitoring system(s) (any)	No